



Kathy Stiffney and Terri Brenneman are planning another retreat day for women.

When: Friday November 14, 2014

Time: 9:00 to 4:00

Where: 712 South Greene Rd, Goshen

Cost: \$35.00

Join us for a day of inner work, rejuvenation, reflection and centering in preparation for the busy season to come.

We will take up to eight women. Mark the date and if interested let us know as soon as possible. Feel free to pass this on to friends you think might also have interest. You may respond to this email or call Kathy at 574-202-7710.

Possible options included in the day: meditation, focused movement, massage, energy work, , snacks, Spiritual companioning, tub to soak, exercise equipment, art option, lunch, quiet spaces, brief group time. In addition we offer.....

(please check if interested)

_____ **Massage**

_____ **Time for spiritual conversation**

Cost for these services is \$30 per 1/2 hour session.

Arrangements can be made for longer or shorter sessions based on time and availability.

We look forward to a time together.

Terri and Kathy

Learn to know us better.

Terri J. Brenneman, PhD, is a clinical psychologist in private practice in Goshen. In her healing psycho-spiritual therapeutic work she seeks to assist individuals in reaching their full potential and living their lives fully and abundantly. Her specialties include behavioral health, bariatric surgery support, ADHD, infertility and adoption, relationship, and faith issues. She obtained her Doctorate in Clinical Psychology and her Masters in both Theology and Marriage and Family Ministries from Fuller Theological Seminary, Pasadena, California. She is also a retreat speaker and writer for Mennonite Women, USA and Canada, a music and worship leader at Berkey Avenue Mennonite Fellowship, provides hospitality at Goshen College, and is the co-parent of a teenager. Her pastimes include music, reading, gardens, pets, tea, and silent retreats.

Kathy Stiffney, MA, LMT, after 27 years as an elementary teacher, is currently working as a therapist in her practice, Integrated Muscle Therapy. She is trained in a variety of modalities including massage, tendon ligament injury, crania sacral, healing touch, and Reiki. She received training in Spiritual Direction from AMBS and is working with people interested in exploring the mystery of their inner life. This complements her interest and relationship to Apple Farm Community, a Jungian based community in Three Rivers, MI, which provides space for retreat and dreamwork. She is on their board and volunteers at the farm. Other interests include Tai Chi, painting, violin, space planning and interior design, entertaining, retreats, and time with family.

